

# DAPMA

## Norfolk

Drug and Alcohol Program Management Activity



*Providing education and awareness training on substance abuse prevention to the Fleet*

**Drug and Alcohol Program Advisor (DAPA)**

**ADAMS for Leaders**

**ADAMS for Supervisors**

**ADAMS for Facilitators**

**Urinalysis Program Coordinator & Navy Drug Screening Program (UPC/NDSP)**

**PREVENT Alcohol Aware GMT**

### OPNAVINST 5350.4C

OPNAVINST 5350.4C (Drug and Alcohol Abuse Prevention and Control), enclosure (3), provides **education** and **training** requirements for all hands. It discusses periodic training through GMT and **required training** targeting specific Navy populations.

# QUOTAS

The preferred method for requesting a quota for NADAP courses in the Norfolk area of responsibility (Navy commands east of the Mississippi, and to naval organizations assigned to CINCUSNAVEUR, the Atlantic Fleet, and commands as far east as Bahrain) is via the website quota control.

Log on to <http://www2.clf.navy.mil/commands/dapmanorfolk.nsf> and single click on Course Registration. From there you will be prompted through the schedule of available classes and methods for quota requests. Any questions concerning course registration can be addressed by calling our Admin office at commercial (757) 444-8193/8376 or DSN 564-8193/8376.

**Each spring a call for classes is sent out via message release.** A compilation of requests received determines the Mobile Training Team (MTT) schedule for the coming fiscal year. In addition, special requests for training at individual commands are considered on a case by case basis, depending upon funding requirements and availability of facilitators.

Special requests can be made by emailing [dapmaeast@nsn.cmar.navy.mil](mailto:dapmaeast@nsn.cmar.navy.mil) with the following in the subject line: ATTENTION MTT DEPARTMENT HEAD

**1683 Gilbert St. Suite 300  
BLDG J-50  
Norfolk VA 23511-2719  
Commercial (757) 444-8376/8193**

## **PREVENT CIN S-501-0150**

Personal Responsibility and Values Education and Training. This is a 3 day (24 hour) facilitated course that targets 18 - 26 year old attendees. PREVENT provides a source of pertinent information about the DON policies and consequences of risky behavior. Life skills are also addressed related to health, readiness, and responsible drinking. This course is used for prevention education and health promotion only and is not considered as treatment.

PREVENT is offered at sixteen main sites around the world and other additional ancillary sites. To request classes, contact the PREVENT location nearest you at [www.preventonline.org](http://www.preventonline.org).

**Norfolk PREVENT Office  
Commercial: (757) 444-2528  
DSN: 564-2528**